



# Tsunami Hope Appeal

## Virginia Water Tidal Wave Orphans Walk

Quarter Marathon (10km - 6 miles),  
Saturday 20th May 2006, 10.30am start.

### APPLICATION FORM

Number of adults: ..... Number of children: .....

Name: .....

Address: .....

.....

.....

Postcode: .....

Phone home: .....

work: .....

mobile: .....

email: .....

**P R I V A C Y**  
We respect your privacy and will not share your personal details with any other organisation.

### SPONSORSHIP

Minimum sponsorship to raise: £10 - but we'll be grateful for more!

We aim to raise £25,000 for a clinic building, medical supplies and staff, and also aim to contribute to the construction of a new nursery school.

### DISCLAIMER

**Please sign** to say that you agree with the legal disclaimer below: .....

Entrants to these walks must be over the age of 18 on the day of the walk. Any children **MUST** be accompanied by a parent or legal guardian who is responsible for supervising them at all times. Distance walking is a very rewarding experience, however it is not to be undertaken lightly. You need to be physically fit to complete the distance. If in doubt consult your doctor. Do not walk if you are feeling unwell.

I understand that I and any members of my party enter the walk(s) at our own risk and that no person(s) or organisation(s) will be responsible for any accident, injury or loss to ourselves, prior to, during or after the event. I understand the organisers reserve the right to alter the arrangements and conditions should circumstances require.

**Please return this form as soon as possible** to Sarah Pollard, Jan Bonczyk, Ros Cooke or Annette Dart, or send to: **Tsunami Hope, PO Box 2697, Reading RG1 9BR.**

For the latest information on the walks (where to meet, routes etc.) please check out our website **www.tsunamihope.co.uk**.

Volunteers wishing to help with stewarding the walk please contact Sarah on 07957625273.